



Karimpur Pannadevi College

Estd – 1968

P.O.-Karimpur, Dist- Nadia, Pin-741152, W.B.

Email ID: pannadevi_college@rediffmail.com, pannadevicollege@gmail.com

Website: <http://www.karimpurpannadevicollege.ac.in> Ph.- (03471) 255 158, Fax- (03471) 255 158

Ref.No. IDY_NCC_KPDC/2021-2022

Date: 21/06/2022

**Brief Completion Report of the Celebration of International Day of Yoga
Yoga for the Humanity
(21.06.2022, Tuesday, at 08.00 am at college campus)**

The International Day of Yoga is celebrated with great prestige today in our college campus by our NCC Unit. The theme of this celebration of this year is “Yoga for Humanity”, as decided by the Government of India. Like the last year our NCC Unit arranged the programme and competition of Yoga along with a seminar talk on the “Yoga and Stress management”. The Resource person Sri Madhabendu mondal have delivered an insightful and through provoking lecture before the students. The programme was started at 8.00 am by an introductive lecture of ANO, Dr. Sujit Kumar Biswas. Participants are enjoying the whole session with great satisfaction. Almost 35 students have participated in the programme. Due to heavy rain the participants were become very low.

At the end a competition on Yoga has been conducted on this same platform and Nadita Halder (2nd semester), Rimu Biswas (4th semester) and Rana Ghosh 4th semester) have won the 1st, 2nd and 3rd position respectively and are being awarded for their excellent presentation. The programme was ended with National anthem.


Teacher-In-Charge
Karimpur Pannadevi College
P.O. Karimpur, Dist. Nadia

Kaustav Bhattacharyya

Teacher-in-charge, Karimpur Pannadevi college



Observation of International Day of Yoga (IDY)

Organised By: NCC Unit, Karimpur Pannadevi College

Date: 21/06/2022, Tuesday, Place: College Campus, Time: 8.00AM to 11.00AM

Attendance Sheet of the participants

SL. No	Sig nature of the Participants	Semester	Subjects	Contact No.	College ID
17	Nandita Halder	B.A Prog 2nd	B.A Prog	8145009113	21410354
2	Sharmistha Biswas	2nd	B.A Prog	8653158942	21410758
3	Preysi Sarikan	2nd	Bengali Hon	8927141463	21110082
4	Disha Debnath	2nd	History Hon	9932517448	21140014
5	Pompi Mondal	4th	B.A Prog	9339111658	20410683
6	Sakshai Parvin	6th	B.A Prog	7419385839	
7	Rushi Pramanik	6th	History (H)	9002346272	
8	Shilpa Ghosh	6th	B.A Gen	8640931269	
9	Bipasha Mandal	4th	B.A. GEN	7479248531	
10	Rimu Biswas	4th	Bengali	9083424087	20110116
11	Gowrish Mondal	2nd	Gen	7001478863	21411245
12	PUSPAN SAHA	2nd	GEN	8597924125	21411565
13	Sudip Pal	4th	HON	8436146103	20110165
14	Subhan Kar Debnath	4th	GEN	9593055062	20411252
15	Saman Ghosh	4th	GEN	9382617042	20411307
16	Rona Ghosh	6th	GEN	9775052802	12410846
17	Ankan Ghosh	2nd	GEN	8809908359	21411033
18	Sudam Sarkar	4th	GEN	7029435556	20411368
19	Samrat Mondal	4th	GEN	9735687790	20411041
20	Pikun Ghosh	2nd	GEN	7865858863	204115
21	SUBHOJIT BISWAS	2nd	GEN	9600634522	21411972
22	Bikram Halder	3rd	Pol. Sc	9382004926	18160010
23	Tanuseela Biswas				
23	KAKALI MONDAL	6th	GEN	8001366046	
24	ADIPA SAHA	6th	GEN	8801380035	



Date: 21/06/2022, Tuesday, Place: College Campus, Time: 8.00AM to 11.00AM

[illegible]



Observation of International Day of Yoga (IDY)



Organised by

NCC unit, Karimpur Pannadevi College

Date: 21.06.2022, Tuesday Time: 8.00 am to 11.00 am

Venue: College Campus

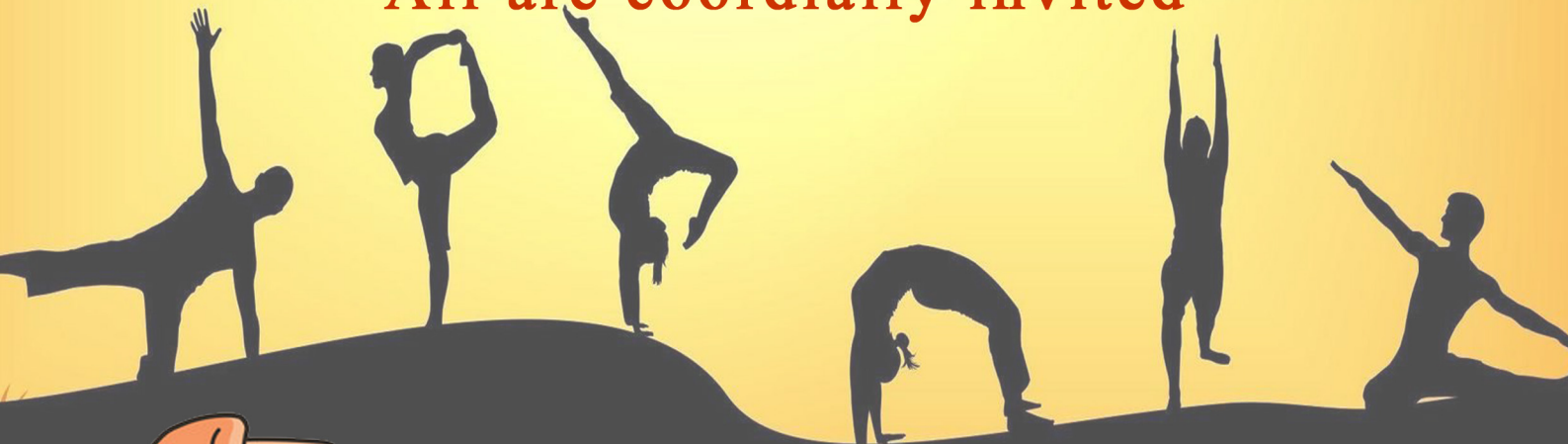
Program Schedule:

- 08.00 AM - Prayer (Vedic Chanting)
- 08.10 AM - Significance of IDY - By Dr. Sujit Kumar Biswas, ANO, NCC unit, KPDC
- 08.30 AM - Yoga Practices
- 09.30 AM - Lecture on " Yoga and Stress Management" - By Madhabendu Mondal
- 10.00 AM - Competition on *Asana*
- 10.30 AM - Review and Oath Taking
- 10.55 AM - National Anthem

Our Resource Person

Sri Madhabendu Mondal

All are cordially invited



To Confirm your participation
please Click on Registration



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



2022-06-21(Tue) 09:22

31°C
88°F



XJJJ+6PM, Ramkrishnapally, Anandapally, West Bengal 741152, India

Anandapally
West Bengal
India

2022-06-21(Tue) 08:20



29°C
84°F

By Madhabendu Mondal
10.00 AM - Competition on Asana
10.30 AM - Review and Oath Taking
10.55 AM - National Anthem

Our Resource Person
Sri Madhabendu Mondal

All are cordially invited



To Confirm your participation
please Click on Registration



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C
88°F

2022-06-21(Tue) 09:43



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C
88°F

2022-06-21(Tue) 09:40

Observation of International Day of Yoga (IDY)

Organised by



NCC unit, Karimpur Pannadevi College

Date: 21.06.2022, Tuesday Time: 8.00 am to 11.00 am

Venue: College Campus

Program Schedule:

- 08.00 AM - Prayer (Vedic Chanting)
- 08.10 AM - Significance of IDY - By Dr. Sujit Kumar Biswas, ANO, NCC unit, KPDC
- 08.30 AM - Yoga Practices
- 09.30 AM - Lecture on " Yoga and Stress Management" - By Madhabendu Mondal
- 10.00 AM - Competition on Asana
- 10.30 AM - Review and Oath Taking
- 10.55 AM - National Anthem

Our Resource Person

Sri Madhabendu Mondal

All are cordially invited



To Confirm your participation
please Click on Registration



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C

88°F

2022-06-21(Tue) 09:39



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C
88°F

2022-06-21 (Tue) 09:34




College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C
88°F

2022-06-21(Tue) 09:32



Observation of International Day of Yoga (IDY)
Organised by
NCC unit, Karimpur Pannadevi College
Date: 21.06.2022, Tuesday Time: 8.00 am to 11.00 am
Venue: College Campus

Program Schedule:

- 08.00 AM - Prayer (Vedic Chanting)
- 08.10 AM - Significance of IDY - By Dr. Sujit Kumar Biswas, ANO, NCC unit, KPDC
- 08.30 AM - Yoga Practices
- 09.30 AM - Lecture on "Yoga and Stress Management" By Madhabendu Mondal
- 10.00 AM - Competition on Asana
- 10.30 AM - Review and Oath Taking
- 10.55 AM - National Anthem

Our Resource Person
Sri Madhabendu Mondal

All are cordially invited


To Confirm your participation
please Click on Registration



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



31°C
88°F

2022-06-21(Tue) 09:30



Observation of International Day of Yoga (IDY)

Organised by
NCC unit, Karimpur Pannadevi College

Date: 21.06.2022, Tuesday / Time: 8.00 am to 11.00 am

Venue: College Campus

Program Schedule:

- 08.00 AM - Prayer (Vedic Chanting)
- 08.10 AM - Significance of IDY - By Dr. Sujat Kumar Biswas, AND, NCC unit, KPDC
- 08.30 AM - Yoga Practices
- 09.30 AM - Lecture on "Yoga and Stress Management" By Madhabendu Mondal
- 10.00 AM - Competition on *Ajuna*
- 10.50 AM - Review and Quiz Taking
- 10.55 AM - National Anthem

Our Resource Person
Sri Madhabendu Mondal

All are cordially invited



To Confirm your participation
please Click on Registration



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



2022-06-21(Tue) 09:24

31°C
88°F



College Road, Karimpur, West Bengal 741152, India

Karimpur
West Bengal
India



2022-06-21(Tue) 09:25

31°C
88°F